

# EXPERIENCE KARMOY



open sea / beautiful beaches / Viking



idyllic wooden houses / coastal culture / festivals



🌅 Welcome to Karmøy  
Homeland of the Viking Kings  
- Norway's Birthplace

Come experience Karmøy –with hills and skerries by the ocean to the west. Find white sandy beaches in coves and inlets, lovely little towns –and the ever-rolling waves hitting land. Dive down in history and walk in the footsteps of Harald Hairfair, who unified Norway into one kingdom. Authentic coastal culture, dramatic open ocean, fresh fish and exciting history –this is Karmøy today.



Ferry:  
Arsvågen -Morravika  
(Stavanger) 20 min

Arsvågen

Vestre Bokn

E39

Haugalands-  
vatnet

Foson  
Salamonshidderen

FV47

KOPERVIK

• Frisbee golf

Millhouse

Karmundsundet

Blikshavn

• Frisbee golf

Stikklevatnet

Reiarsvatnet

Sålefjellet  
132 masl

Melstokke-  
vatnet

Søre  
Brekkevåtnet

Tistrevåtnet

Kinnebu

Aureivatnet

Karmøy Fishery Museum

Veavågen

Akrehamn  
Coastal Museum

ÅKREHAMN

Ferkingstad  
Fishermen's  
Memorial

Dueglap

Sandhåland

Sandve

Mjåvatnet

Reyningsbu

Hilleslandvatnet

Hillesland

Syreneset Fort

Syre

SKUDENESHAVN

• Skudeneshavn Jungle Park

Skudeneshavn  
Museum

Beinigen

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Geitungen  
Lighthouse

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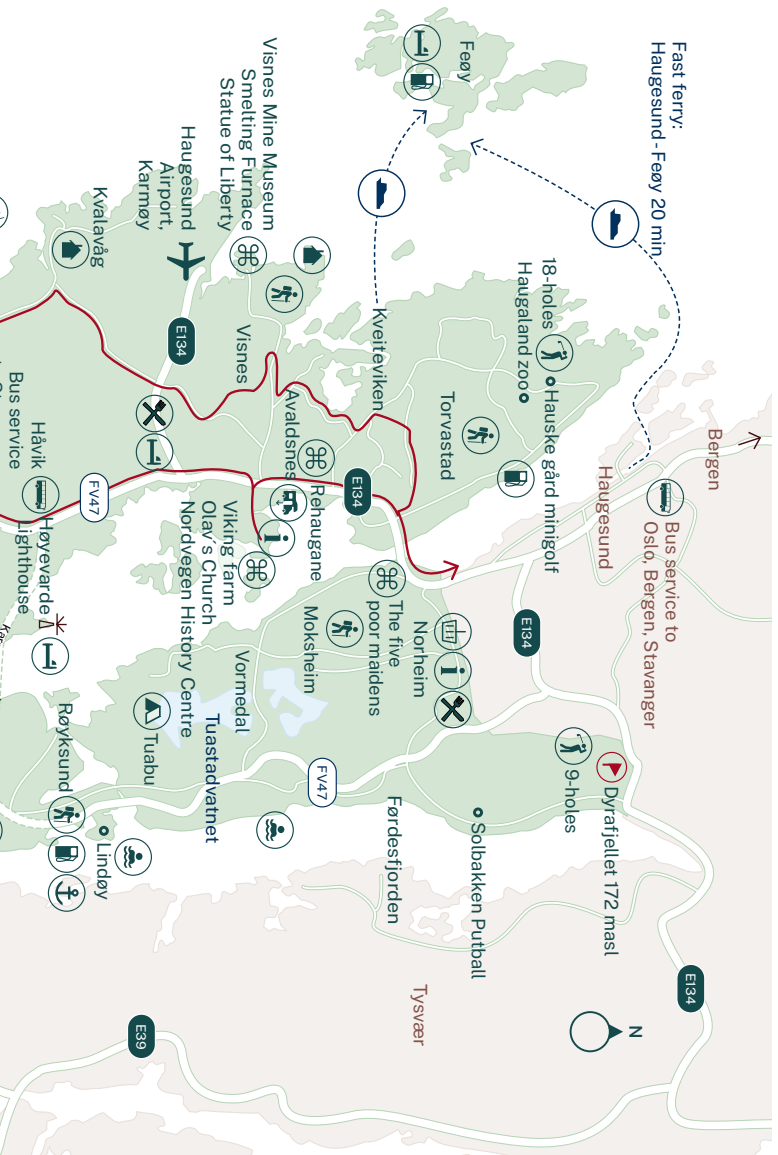
to Stavanger  
and Bergen

FV47


Høyvunneien

# Karmøy Guide Map

**Coastline: 140 km.** Population: 43 140. Highest point on island: Såliefjell, 132 m.a.s.l. Highest point in municipality: Dyrafjellet 172 m.a.s.l. There are three towns on the island: Kopervik, Åkrehamn and Skudeneshavn. Karmøy municipality is a part of Visit Haugesund & Haugalandet and the North Sea Road.







✦ Norway's birthplace

The king's estate at Avaldsnes was strategically located by the straight, which in the Viking Age was called **Nordvegen** – the way north – and gave Norway its name! There are many exciting myths about the historical landscape.



## Historical Avaldsnes

St. Olav's Church, which was erected by Håkon Håkonsen around 1250, is a powerful memorial over past glory days.





The sagas say that the day of judgment will arrive when the “Mary’s Needle” monumental stone hits the church wall. Today, the distance between the two is 9.2 cm...



During the Viking Age, royals were buried in ships. Three royal graves have been found by Karmsund straight.



Sensational discovery of ruins of a royal estate from the Middle Ages.



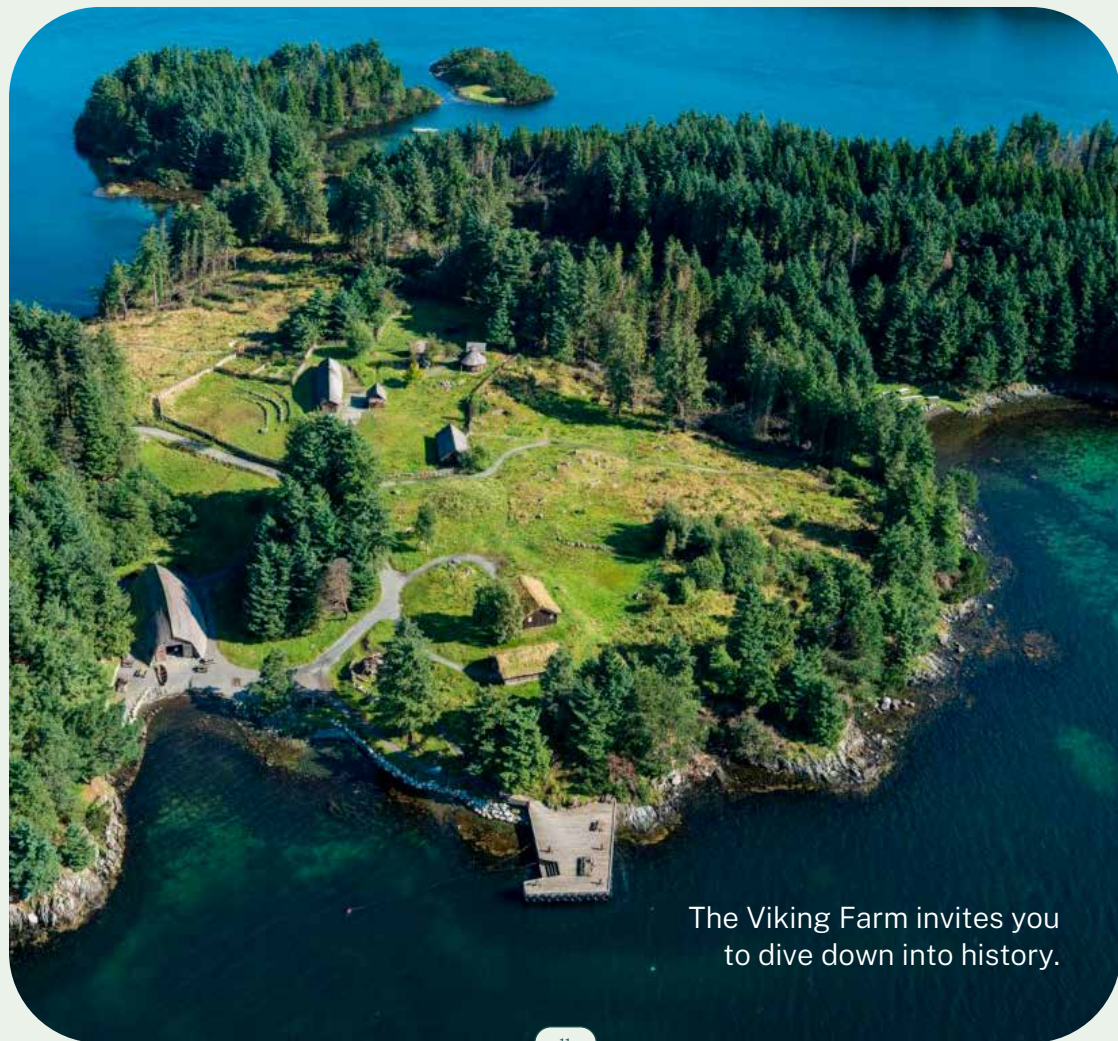
Meet Harald Fairhair, who made Avaldsnes Norway's first royal seat.





## The First Royal Throne of Norway

Harald Fairhair located one of his royal estates at Avaldsnes. The historical landscape tells a story of the first Norwegian kings and legendary characters who are mentioned in myths and poetry. The rulers who controlled the old “Nordvegen” have left many powerful traces: towering burial mounds, tall monumental stones and rich archaeological discoveries. By the medieval church you can see the ruins of the royal estate and explore the history centre – a short walk brings you to the Viking farm!



The Viking Farm invites you  
to dive down into history.

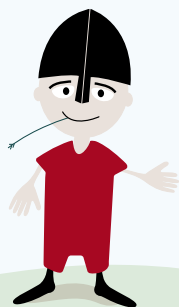
Nordvegen History Centre is located in an important historical area. The entrance symbolizes “Mimir’s well”, which is the fount of knowledge in Norse mythology.







What was life like during the Viking Age? What can we learn about the past by studying the items archeologists uncover? At Avaldsnes you can be a Viking and an archeologist for a day, dress up and participate in activities.





Meet Vikings for activities and guided tours during the summer season. A Viking trail with rebus tasks, archery and traditional handicrafts are just some of the activities you can participate in.



## Visnes – fascinating industrial history

In Visnes, you can learn about a mining community which in the 1800s had 3000 residents and was the largest and most modern copper work in Northern Europe.



Visnes Mining Museum offers guided tours both inside and outside in the historic mining area. You can also join a theatrical walk!  
See [visitvisnes.no](http://visitvisnes.no)





Culinary  
experiences await you at  
Franshagen Café & Bistro.

Active fun as a miner in the museum!



Isn't it incredible that copper from the Visnes mines has formed the very symbol of the USA: the Statue of Liberty?

Walk along the heritage trail to the riding path, the pavilion and the ruins of the smelter works out by the sea.

The smelter works is located in a rugged area and is a cultural heritage site from the mining activities in the late 1800s.



# Skudeneshavn – idyllic wooden houses



The 19th-century herring fishing created hectic activity in the town and laid the foundations for today's protected cultural environment.









There is a particularly pleasant atmosphere in Skudeneshavn. Here you can enjoy a calm moment among beautiful architecture, sample freshly made waffles in cozy cafes, shop for antiques and other treasures, and explore magnificent hiking paths and beaches.

See a recreation of the old wooden houses at Skude miniatur.

## Skudeneshavn Museum



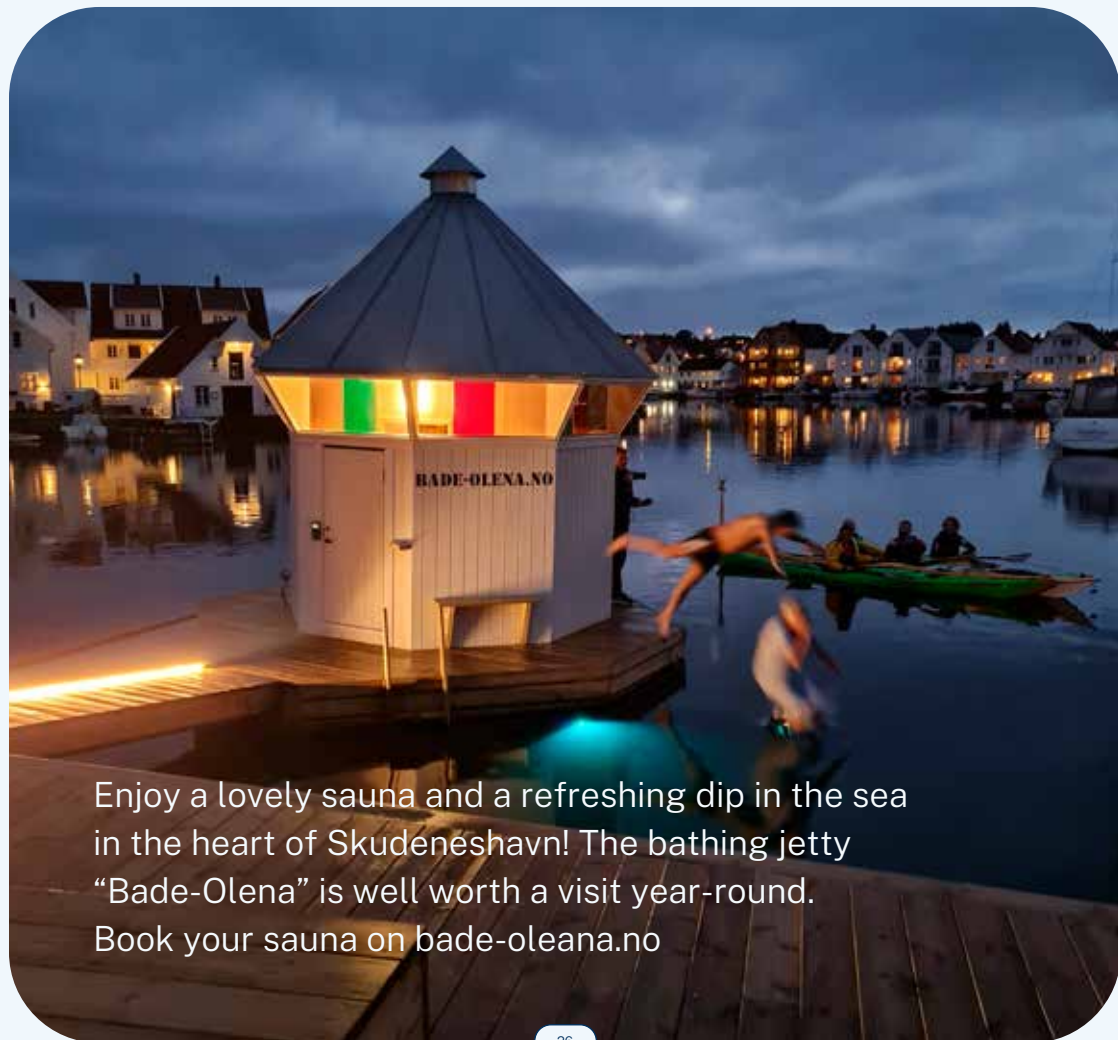
Learn about the development of beautiful Skudeneshavn. See how a bourgeoisie family lived 150 years ago and learn about the craftsmanship that made its mark on the town.



Open during the summer season and by appointment during the rest of the year. Book a guided tour of the town at [skudenenes.no](http://skudenenes.no)







Enjoy a lovely sauna and a refreshing dip in the sea in the heart of Skudeneshavn! The bathing jetty “Bade-Olena” is well worth a visit year-round. Book your sauna on [bade-oleana.no](http://bade-oleana.no)

Every Saturday in July at 12 o'clock (English) and at 1:30 pm (Norwegian), you can follow actors who play various characters on an exciting journey through the town's history. Meet at the tourist information in Skudeneshavn. Tickets for NOK 100 may be purchased in advance at TicketCo.



### “Lady in the Park”

The figure adorning the park entrance, has become the very symbol of Skudeneshavn.

Experience the waterfront on a SUP board from Saltråk or in a rowboat or on an inshore boat trip booked through the tourist information.



Fancy a snack from one of the town's many charming eateries?



Badehuset  
kafé



Havn hotell  
og restaurant



Holmen Brygge



Tåkelurfabrikken  
kafé



Smiå Bistro  
& Pianobar



13 humler



Majorens  
kaffestue

Verdens  
minste kafé





## Unique accommodation!

How about an unforgettable night in a lighthouse on an island, or in a hammock at sunset, in a dome near a surfer's paradise, or among white wooden houses that whisper of times past? Here you can just pick and choose...

Norneshuset,  
Skudeneshavn



Panoramahyttene,  
Sandhåland



Skaarnesheimen - Raw Ocean Lodge, Sandve



Vikehomen Lighthouse,  
Skudeneshavn

# Out in nature

Karmøy island is surrounded by the ocean and is an exciting place both on a windless day and in a gale – you can even experience every season in the course of one day! The North Sea offers refreshing swimming, waves to play in, a place to sail and fish, and new energy. It is a wonderful place to recharge your batteries in close contact with the elements.







At 132 metres above sea level, Søre Sålefjell is hardly dominant in the terrain, but the view over most of Haugalandet is excellent.



You can find hiking tips and maps at [visitkarmoy.no](http://visitkarmoy.no)





Karmøymarka offers a varied nature, from cultural and agricultural landscapes to heather-clad hills.

Røyningsbu. Open on  
Sundays and public holidays  
from 11 am to 2 pm.



Daytrip cabin in  
Tuastad. Always open!



Kinnebu. Open on Sundays  
from September to June.

The Fishermen's Memorial in Ferkingstad has been erected to commemorate the Karmøy fishermen who were lost at sea in American waters.

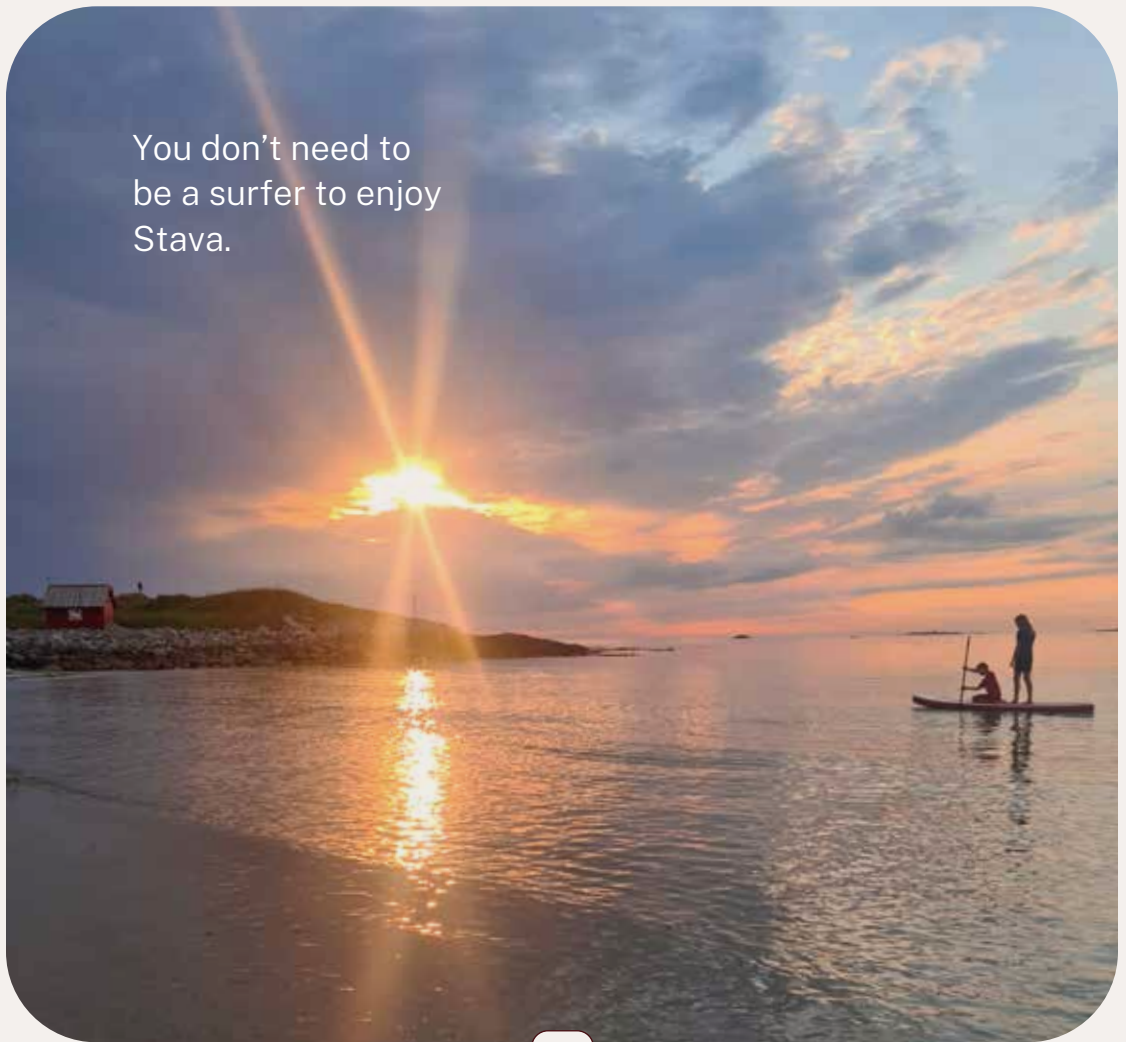
Karmøy has many hidden treasures. This is the magnificent recreational area by the millhouse in Stokkastrand.



Langåker – “Long Field” – is a descriptive name: row upon row of the freshest ingredients.

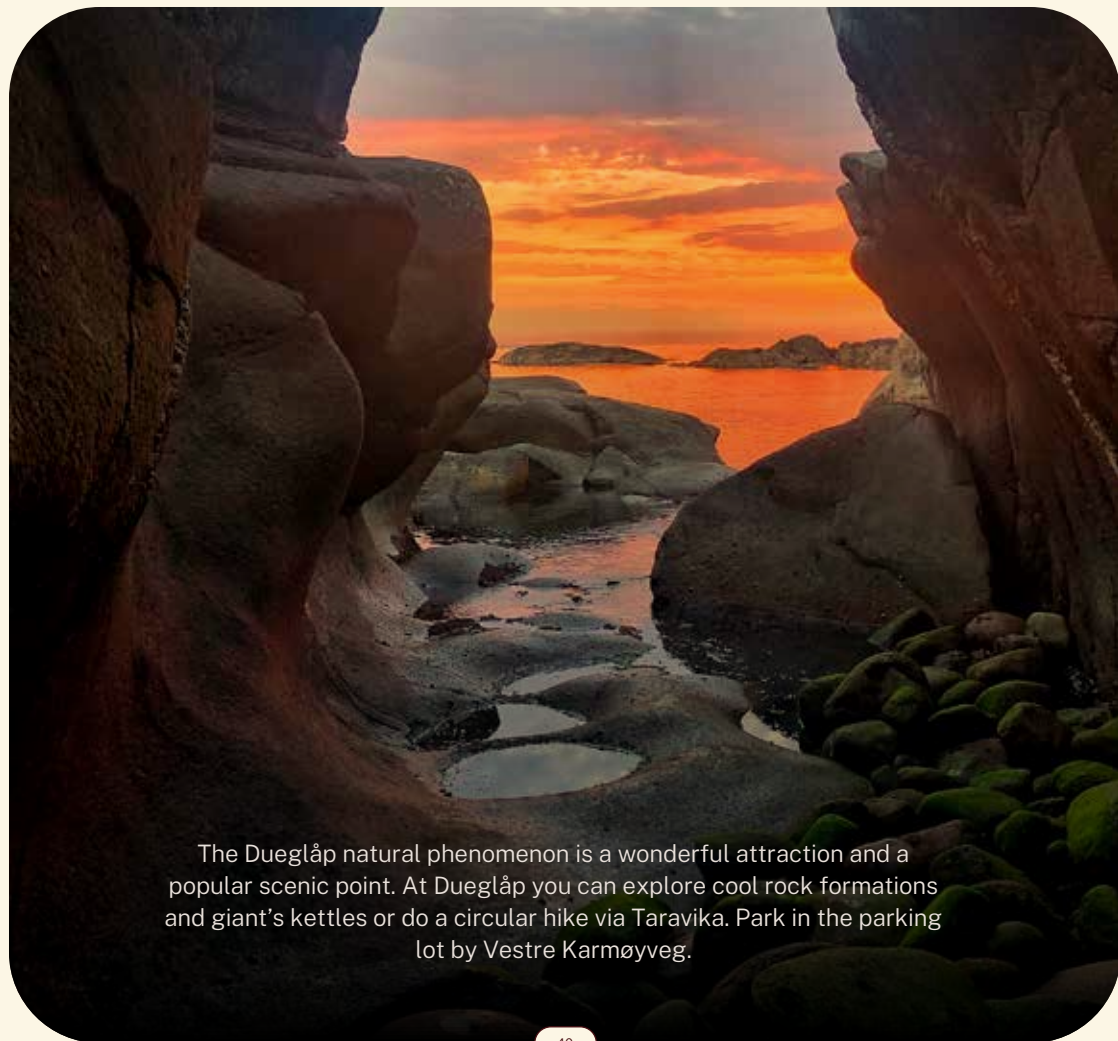


You don't need to  
be a surfer to enjoy  
Stava.



Syreneset fort from  
World War II is an exciting  
goal for a hike for both  
young and old.





The Dueglåp natural phenomenon is a wonderful attraction and a popular scenic point. At Dueglåp you can explore cool rock formations and giant's kettles or do a circular hike via Taravika. Park in the parking lot by Vestre Karmøyveg.





Water sports, hiking and storm chasing provide fun experiences in nature also throughout the autumn and winter months. Golden sunsets offer a bit of magic. With the North Sea as our nearest neighbour, there is never a dull moment.



Living coastal culture in Sandve harbour.



Charming Ferkingstad harbour



## Island hopping

Feøy is known for its inlets and canals, idyllic nature and car-free roads.



Ferry from Haugesund and Torvastad

Contact Feøy båttransport for organised fishing trips, T: +47 99 23 54 99.

Viking Adventure offers RIB safaris with island hopping to Røvær and Feøy.

## Lindøy – A discovery for all ages

Lindøy has paths that take you through heather-clad hills and forest, to good spots for swimming, fishing and grilling. You can explore Lindøy in a canoe or kayak hired from Frilager.

PS: It is not far from Lindøy to try cave safari in Salamonshidleren at Fosen.





# Our beaches

Miles of beaches at the edge of Norway!  
You can enjoy the white sand, magnificent  
light and wild ocean year-round.







Two Blue Flag beaches!

Experience the rich flora and fauna along the coastal paths between Åkrasanden - Ferkingstad, and Sandve harbour - Sandvesanden.





# So much to do

The amazing beaches and the proximity to the open ocean makes Karmøy the perfect place to surf, kiteboard and windsurf.



## Welcome to a digital time travel

Come along on a time-travelling journey through Karmøy using the “Time Travel” app. Discover history and see moments unfold in the cultural landscape. You will encounter characters and scenes that provide insights into eras, historical events and the origin of myths.





See the reconstruction of the medieval royal court at Avaldsnes.



Time travel to Åkrehamn in the 1950s!



Meet characters from the heyday of Skudeneshavn as they show you the old town as they know it.



## Experience the North Sea lifestyle at Raw Ocean Lodge

The Raw Ocean Lodge is an eco-lodge with curated activities, fantastic local food and cultural experiences. Raw Ocean Lodge offers guided fishing, hiking and SUP trips as well as activities such as bouldering and surfing. Gear is available for hire.



Skaarnesheimen Raw Ocean Lodge

Storaurvegen 70, 4272 Sandve

[rawoceanlodge.com](http://rawoceanlodge.com)



## Minigolfen Family Park

This is Europe's largest and best minigolf facility, with 80 holes over 6 courses: the Farm Yard, the Barn, the Mine, the Viking Kingdom and Pirate Island. Visit [minigolfen.no](http://minigolfen.no)

## Golf in every version

Karmøy has three golf courses and two disc golf courses –how about challenging your family and friends to a game?



Haugesund Golfklubb, Kolnes, [haugesundgolf.no](http://haugesundgolf.no)

Nordvegen Golfklubb, Torvastad, [nordvegengolf.no](http://nordvegengolf.no)

Karmøy Golfklubb, Skudeneshavn, [karmoy-golfklubb.no](http://karmoy-golfklubb.no)

Karmøy Diskgolfklubb, Kopervik / Blikshavn, [karmoydiskgolf.no](http://karmoydiskgolf.no)



Farm visit to Snurrevarden  
with games and activities  
for the whole family.  
[snurrevardengard.com](http://snurrevardengard.com)








Meet the animals in Haugaland Zoo  
Open during the summer season.  
[haugalandzoo.no](http://haugalandzoo.no)



For organized kayaking  
trips and kayak rentals,  
 [oppkoma.no](https://www.facebook.com/oppkoma.no)



Bring your family on  
a historic activity trail!  
Find "Eventyrjakten"  
at [visitkarmoy.no](http://visitkarmoy.no)

## ☞ Åkrehamn Coastal Museum

This interesting collection has displays of many artefacts and photographs from bygone days, when Karmøy was a leading fishing hub and ties to America were close. The museum is one of the few herring salteries still intact.

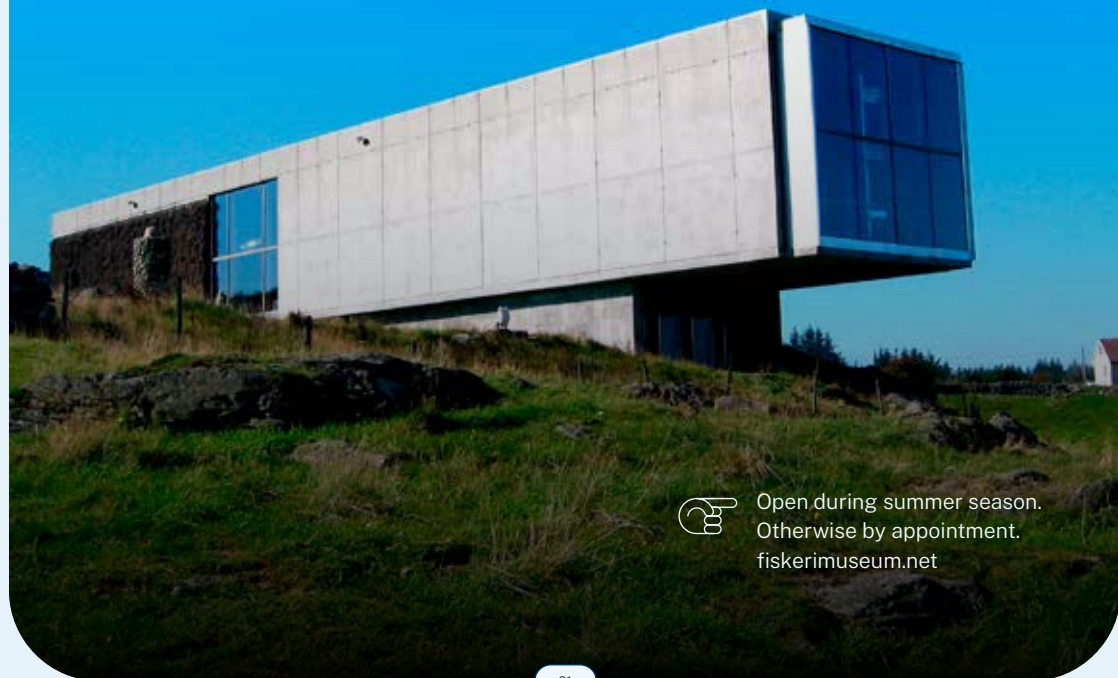


Open during summer season. Otherwise by appointment.  
[akrehamnkystmuseum.no](http://akrehamnkystmuseum.no)



## Karmøy Fishery Museum

The museum is an architectural wonder in beautiful natural surroundings in Veavåg, designed by the renowned architectural firm Snøhetta. The museum showcases developments in the fishing industry from the time of the first engine.



Open during summer season.  
Otherwise by appointment.  
[fiskerimuseum.net](http://fiskerimuseum.net)

# Festivals in Karmøy

Karmøygeddon





## Viking Festival in the home of the Vikings!

Come experience the daily life of a Viking and visit the Viking market. Watch the blacksmith at work and see Vikings fight, listen to Viking music and the tales of the sagas, or try various activities such as archery or juggling!



Annually during the first full week in June.  
[vikingfestivalen.no](http://vikingfestivalen.no)





# Skude Festival

Western Norway's largest coastal cultural gathering of boats with a bustling life around the market stalls in Skudeneshavn. Craftsmen demonstrate old skills related to the sea and boating. Activities for children, art exhibitions, and entertainment by local and international artists both day and night.



Annually during the first weekend of July.  
[skundefestivalen.no](http://skundefestivalen.no)

## Fishery Days in Åkrehamn

The Fishery Days showcase past and present coastal culture. There is an exciting sea fishing competition, wonderful food, funfair and market stalls, concerts and outdoor theater.



Annually during the first weekend of August.  
[fiskeridagene.no](http://fiskeridagene.no)



# Other festivals ...

## **Karmøygeddon**

A metal festival in Kopervik that has participants from 30 countries. The festival has two stages: a smaller club stage and a covered outdoor stage with an intimate and good ambience.

✂ [karmoygeddon.no](http://karmoygeddon.no)

## **SILK Festival**

A literature and culture festival with Norwegian and international writers and their readers. The venues are located in many unique places in Skudeneshavn. The festival takes place every year during the first weekend of November.

✂ [silkfestival.no](http://silkfestival.no)

## **St. Olav's Festival in Avaldsnes**

This festival includes concerts, seminars and pilgrim walks, as well as an Olsok service. The festival takes place in July, with most of the activities scheduled around Olsok on July 29th.

✂ [avaldsneskirke.no](http://avaldsneskirke.no)

## **Visnes Market**

Visnes Market has traditional activities for young and old. It is a market fest with exhibitions, arts and crafts and local foods.

## **Kopervik Festival**

The Kopervik Festival is a three-day music event that takes place every year in May.

## **Moliner Day**

Ferkingstad harbor bustles with life: Art exhibitions, cafes, a flea market, activities for children and concerts.

**Find more special events:**

[visitkarmoy.no](http://visitkarmoy.no)

Burmavegen



Burmavegen crosses Karmøy through beautiful nature, with hills covered in heather.



At the farthest point in beautiful Beiningen you can see the Skude lighthouse.

## Around Karmøy



The Sandkassen urban beach in Kopervik harbour includes a sandy beach, a sauna and games of chess.



Karmsund bridge

Mortholmen, Åkrehamn



Karmøy has more than  
400 potato cellars!



Blodheia, Torvastad

There is cultural heritage to  
discover wherever you look!



Sævelandsvik

## Yellow Pages



### **Tourist Information:**

Kopervik Tourist Information

Statsråd Vinjesgt 25,

4250 Kopervik

Tel + 47 52 85 75 00

E-mail:

servicetorg@karmoy.kommune.no

Open weekdays 9-15

Oasen Tourist Information

Oasen Storsenter,

Austbøveien 16, 5542 Karlsund

Tel + 47 52 83 10 89

E-mail:

informasjonen.oasen@olavthon.no

Open weekdays 10-20, Sat 10-18

Skudeneshavn Tourist Information

Torget, 4280 Skudeneshavn

Tel + 47 52 85 80 00

E-mail: turist@karmoy.kommune.no

Open 1. June-1. Sept.

June/Aug: Mon-Sat 10-16.

Sun 12-16.

July: Mon-Sat 10-17.

Sun kl. 12-17.

Avaldsnes Tourist Information

Nordvegen History Centre,

Kong Augvaldsvei 103,

4262 Avaldsnes

Tel + 47 52 81 24 00

E-mail: post@opplevavaldsnes.no

Open, see: opplevavaldsnes.no

### **How to get to Karmøy?**

#### **Buses and Coaches**

Haukeli Express:

Daily service Haugesund-Oslo  
nor-way.no

Tel + 47 815 44 444

Kystbussen:

Daily service Stavanger -

Karmøy - Haugesund - Bergen  
kystbussen.no

Tel + 47 05505

Local buses:

kolumbus.no

Timetables, Tel: +47 177

Airport shuttle, Tel + 47 05505,  
tide.no

#### **Car Ferries**

Daily service Arsvågen - Mortavika.

fjord1.no, Tel + 47 177

#### **Flights**

See Haugesund Airport Karmøy's  
timetables and charter offers here:

www.flyhau.no

Tel + 47 52 80 40 60.

#### **Service**

**Yacht Harbours:** Skudeneshavn  
and Kopervik all offer facilities for  
visiting yachts, including showers,  
WC and laundry. Conveniently  
located in town centre.

**Camper Service:** Caravan disposal:  
CircleK Station in Skudeneshavn,  
Skudenes camping and Esso  
Station in Avaldsnes.

## Yellow Pages



### **Accommodation**

#### **Avaldsnes:**

Park Inn By Radisson,  
Haugesund Airport  
Helganesveien 24, 4262 Avaldsnes  
Tel + 47 52 86 10 90  
parkinnhotell.no/hotell-haugesund

#### **Visnes:**

Magasingården Pilegrimsherberge  
Visnesvegen 370, 4262 Avaldsnes  
E-mail: avaldsnes@pilegrimssenter.no

Middvik Feriesenter  
Middvikv. 38, 4262 Avaldsnes  
Tel + 47 913 89 751  
E-mail: marinil@online.no  
middvikferiesenter.no

#### **Feøy:**

Himatunet, Feriehus (holiday home)  
Tel + 47 976 92 757  
E-mail: dagmat@gmail.com  
feøy.net

#### **Kvalavåg:**

Tresviken Feriehytter (cabins)  
Tresviken 41, 4264 Kvalavåg  
Tel + 47 977 10 271  
E-mail: ev-th@online.no

#### **Håvik:**

Høyevarde Fyrhotell (lighthouse)  
Hydrovegen 160, 4265 Håvik  
Tel + 47 99 28 67 66  
E-mail: post@lothesmat.no  
lothesmat.no

#### **Torvastad:**

Haugesund nature & fishing resort  
Holiday home and boat  
Osnesvegen 60, 4260 Torvastad  
Tel + 47 488 96 193  
E-mail: zeissrf@gmail.com

#### **Kopervik:**

Parken Terrasse  
Åmandsgata 1, 4250 Kopervik  
Tel + 47 413 05 007  
E-mail: post@hop.no

Broen leilighetssuite (Apt Suite)  
Stølebuktvegen 2, 4250 Kopervik  
Tel + 47 90 65 09 76 / 970 33 360  
E-mail: booking@kopervik.info  
kopervik.info

#### **Åkrehamn:**

Dugneberg  
Dugneberg, 4270 Åkrehamn  
Tel + 47 455 05 303  
E-mail: post@dugneberg.com  
dugneberg.com

Hedleholmen Feriehytte (cabin)  
4270 Åkrehamn  
Tel + 47 481 92 965  
E-mail: odd-ktok@online.no

Sjøbris Åkrasanden  
Sandavegen 50, 4270 Åkrehamn  
Tel +47 930 13 367  
E-mail: arne.ferkingstad@sysco.no

#### **Sandhåland:**

Sandhåland camping  
Sandhålandsveien 36, 4272 Sandve  
sandhaaland.no

Panorama sea cabins  
panoramahyttene.no

# Yellow Pages

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## **Sandve:**

Skaarnesheimen  
Raw Ocean Lodge  
Storaurvegen 70,  
4272 Sandve  
E-mail:  
booking@skaarnesheimen.no  
rawoceanlodge.com

Leni's place  
Strokhaugvegen 4, 4272 Sandve  
Tel + 47 911 73 191  
E-mail: info@c-momentum.no

## **Skudeneshavn:**

Gamlekaien anno 1771  
Holmen 15,  
4280 Skudeneshavn  
Tel + 47 947 80 923  
gamlekaien.no

Norneshuset Overnatting  
Nordnes 7, Postboks 5,  
4280 Skudeneshavn  
Tel + 47 900 59 007  
norneshuset.no

Reinertsenhuset  
Søragadå 23,  
4280 Skudeneshavn  
Tel + 47 900 79 242  
E-mail:  
reinertsenhuset@skudeneshavn.no  
skudeneshavn.no

Skudenes camping  
Postvegen 129,  
4280 Skudeneshavn  
Tel + 47 920 98 565  
skudenescamping.no

Havn hotell & restaurant  
Torget 4, 4280 Skudeneshavn  
Tel + 47 453 12 400  
havnhotell.no

Haugens feriehus (holiday home)  
Korneliusholmen,  
4280 Skudeneshavn  
Tel + 47 90 85 76 58  
E-mail:  
alf.bjarne.haugen@haugnett.no

Gudborg-huset  
Kirkevegen 30,  
4280 Skudeneshavn  
Tel + 47 928 51 196  
E-mail: hilda@falnes.no

Fredtun Pilegrimsherberge  
Austre Karmøyveg 820  
4280 Skudeneshavn  
Tel + 47 959 73 600  
E-mail: geir@sommerfeldt.no







Experience Karmøy – authentic coastal culture, beautiful sandy beaches and dramatic ocean.




**Photo:** Ørjan B. Iversen, Camilla Vandvik, Ane Alvestad, Margareth Isø, Ida Marie Skeie, Ida K. Vollum – Vestro, Kristoffer Vincent Hansen, Ingun Solberg Harloff, Aerofoto Norge, Anne Kongshavn, Svein Helge Liknes, Yvonne Skår, Torill Endresen, Rune Johnsen, Arkikon, Odd Inge Olsen, Gabriella Hanna Burton, Ellen May Nielsen, Aina Konstance S. Ahnensen, Karl Larssen, Stian Kolsto, Liv Margareit Eliassen, Liv Lovvold Baugø, Liv Ragne Steffensen, Aase Kjær, Anne Marthe Widvey.



 visitkarmoy.no

 visitkarmoy

 visitkarmoy



**Karmøy  
kommune**